



The one setting that changes Claude's answers the most.

LEVEL 1 · CLAUDE AI

A customized Claude AI, for everyone.

4 settings to change on day one.

PART 3 OF 4 · ABOUT YOU

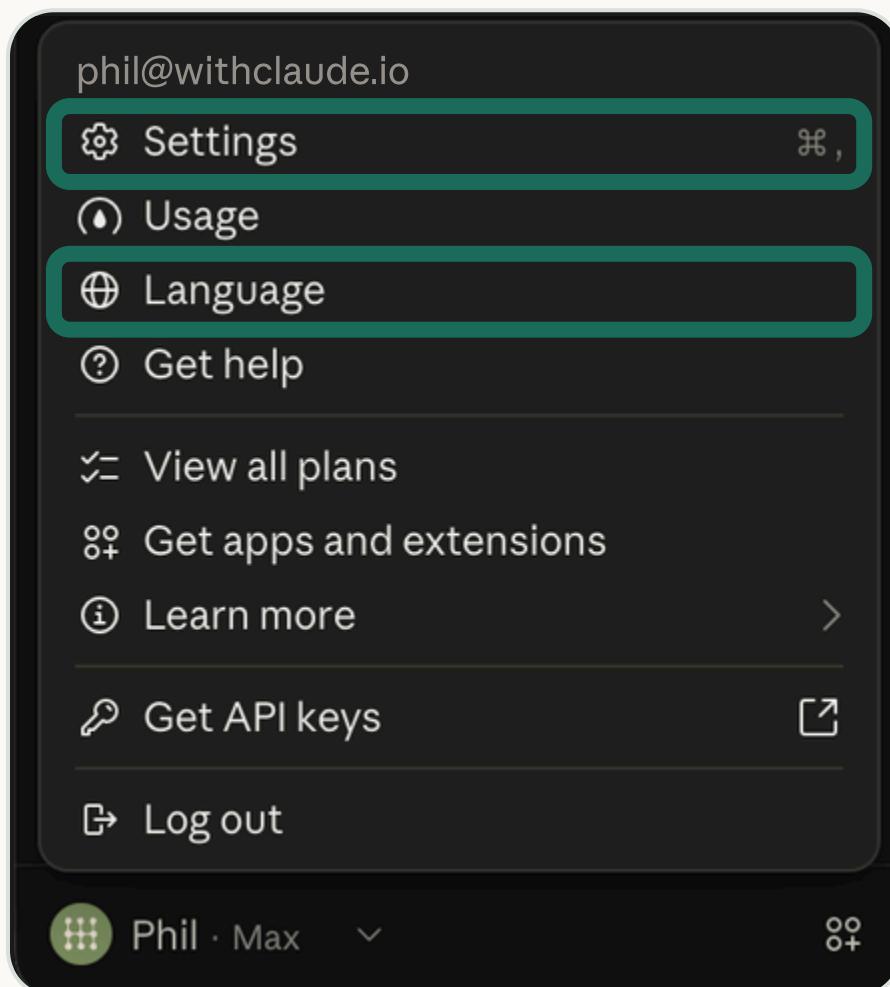
FIND SETTINGS

Where to find Settings.

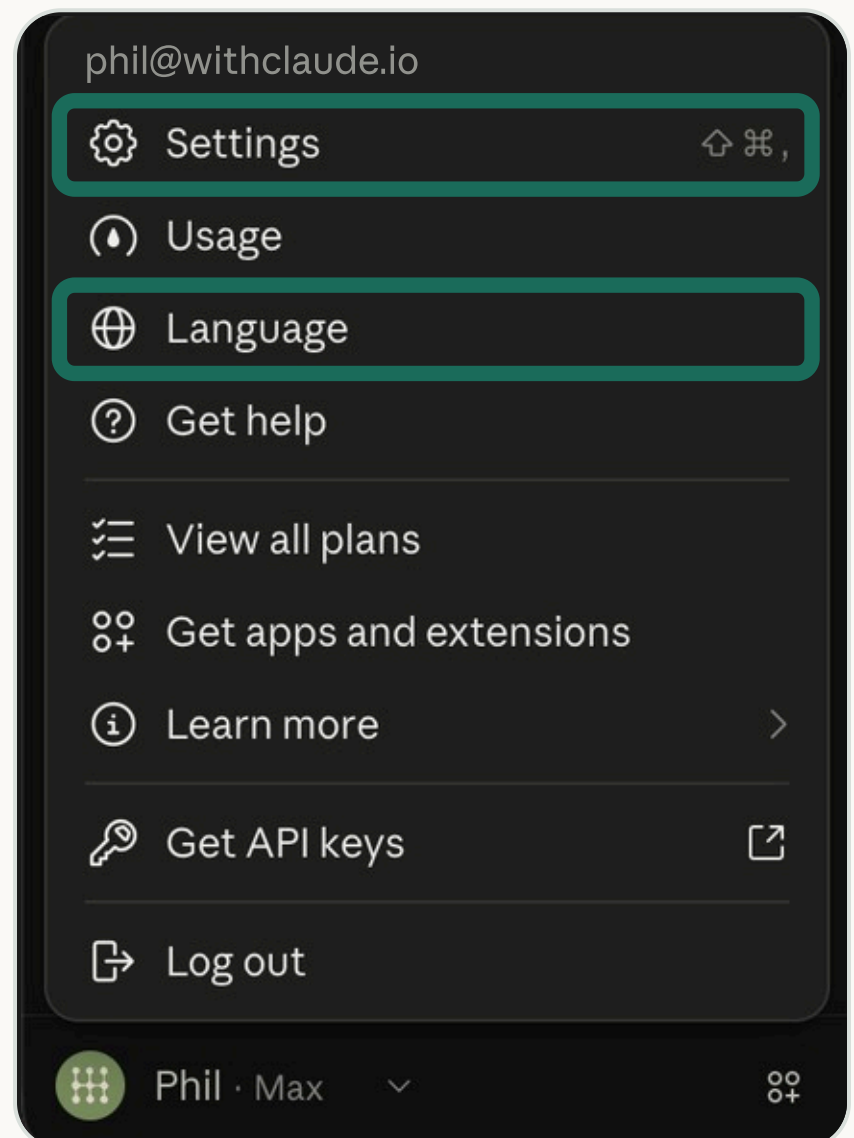
Profile button, lower left. Settings and Language are both in that menu.



Claude
desktop app

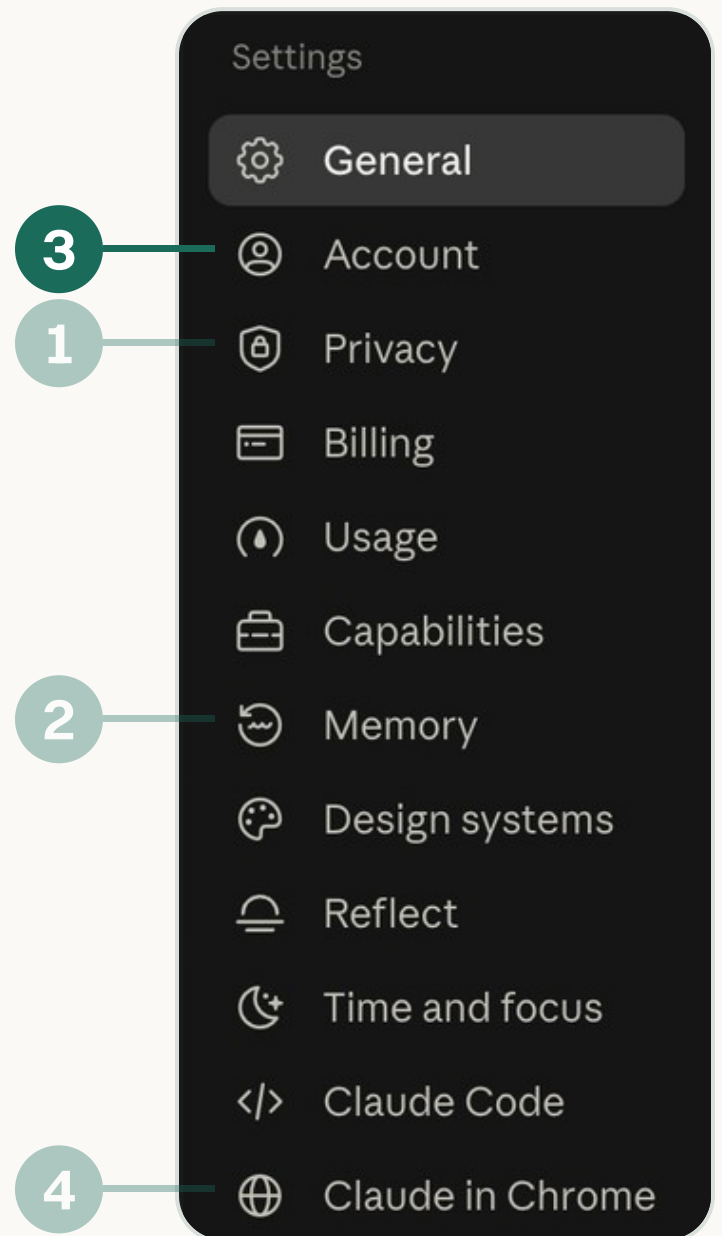


claude.ai
browser



4 things to set first.

- 1 Privacy**
Model training
- 2 Memory**
What it remembers
- 3 Account**
Instructions for Claude
- 4 Claude in Chrome**
Your browser



In this order: **Privacy** before you type anything, and **Memory** before the about-you prompt in part 3, so Claude learns from that chat too.

New to Claude? Get Part 1: Privacy at wclaude.io/setup.

Tell Claude who you are.

**Settings > @ Account >
Instructions for Claude**

Fill in **Instructions for Claude** with four things: who you are, what you usually ask for, how you want answers, and what Claude should avoid.

 *If you're not sure where to start, the easiest way is to let Claude interview you. Get the prompt from the next page.*

⚠ HEADS UP

If you used Claude Cowork before, Anthropic may have copied your Cowork instructions over. Take a look at your settings.

Let Claude interview you.

Stuck on what to put in Instructions for Claude?
Paste this prompt in a new chat:

PROMPT

<task>

Interview me to write my "Instructions for Claude": a short text I will paste into Claude's Settings. Claude reads it at the start of every new chat I have, as my own saved settings. So every line must change how Claude responds across all my conversations, or it doesn't belong.

I may never have used Claude before. Keep the interview fast, simple and free of jargon. Your job: learn who I am and how I want to work with Claude, then turn it into

Get the full prompt at

wclaude.io/setup

Don't count on the work dropdown.

Settings >  Account

What best describes your work?

Product management 

 *Optional, and Anthropic doesn't document what it changes, so my best guess is it helps their analytics. Put your role and context in Instructions for Claude, the field Anthropic documents for steering answers. Don't count on this one to do the work.*



About you: done.



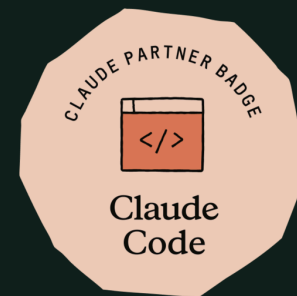
Keep poking around and play with your own settings. I check mine every few weeks: some appear, some disappear.



Next: Claude in Chrome

PART 4 OF 4

Learn Claude with me.



I'm **Phil Rivard**, a member of Anthropic's Claude Partner Network (CPN). I teach this and a lot more at **withclauder.io**, a 3-week Claude course for founders and business people.



Follow me so you don't miss the next quick guide.



Download all 4 parts of my quick setup guide at **wclauder.io/setup**.

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