



Memory turns Claude into your assistant.

LEVEL 1 · CLAUDE AI

A customized Claude AI, for everyone.

4 settings to change on day one.

PART 2 OF 4 · MEMORY

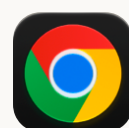
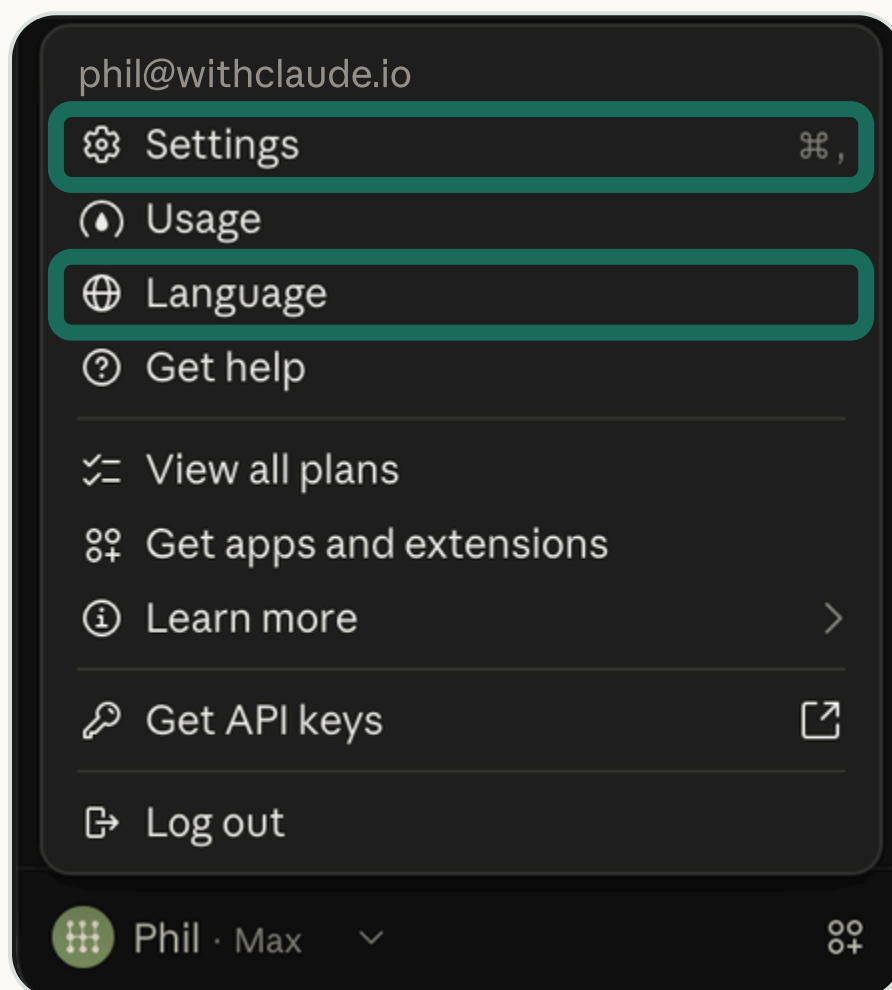
FIND SETTINGS

Where to find Settings.

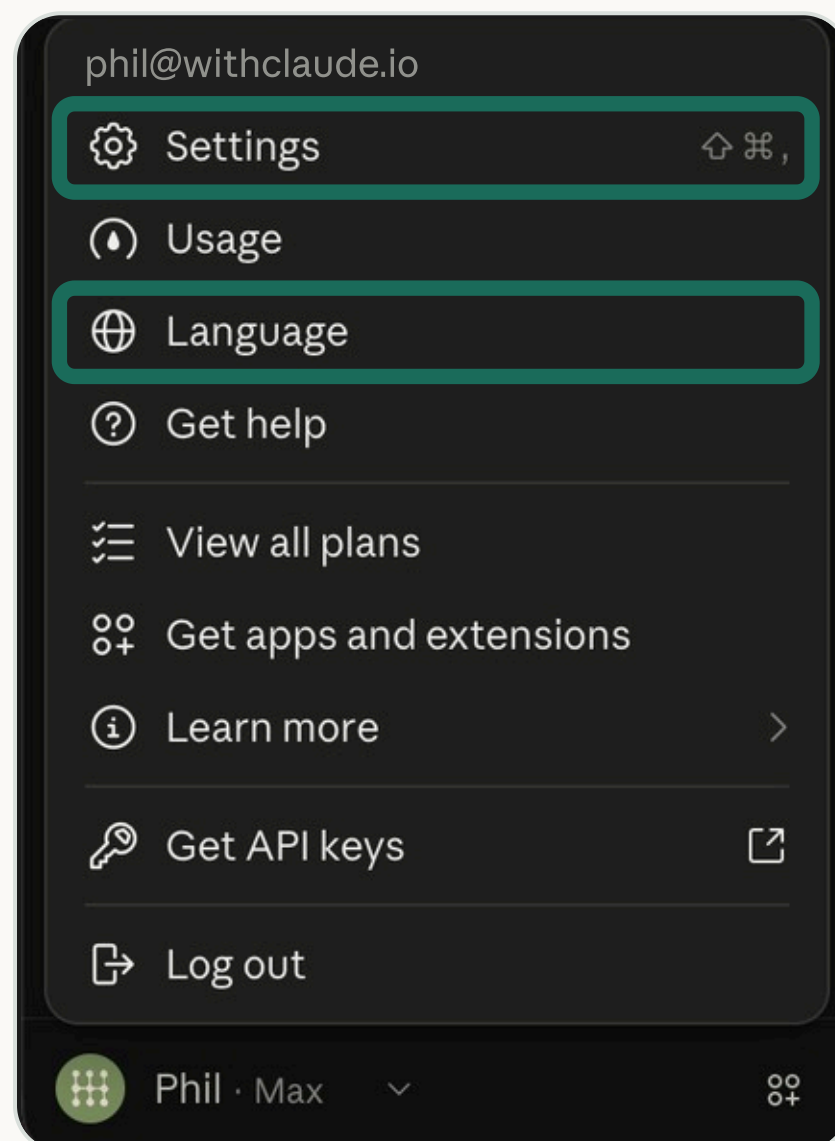
Profile button, lower left. Settings and Language are both in that menu.



Claude
desktop app

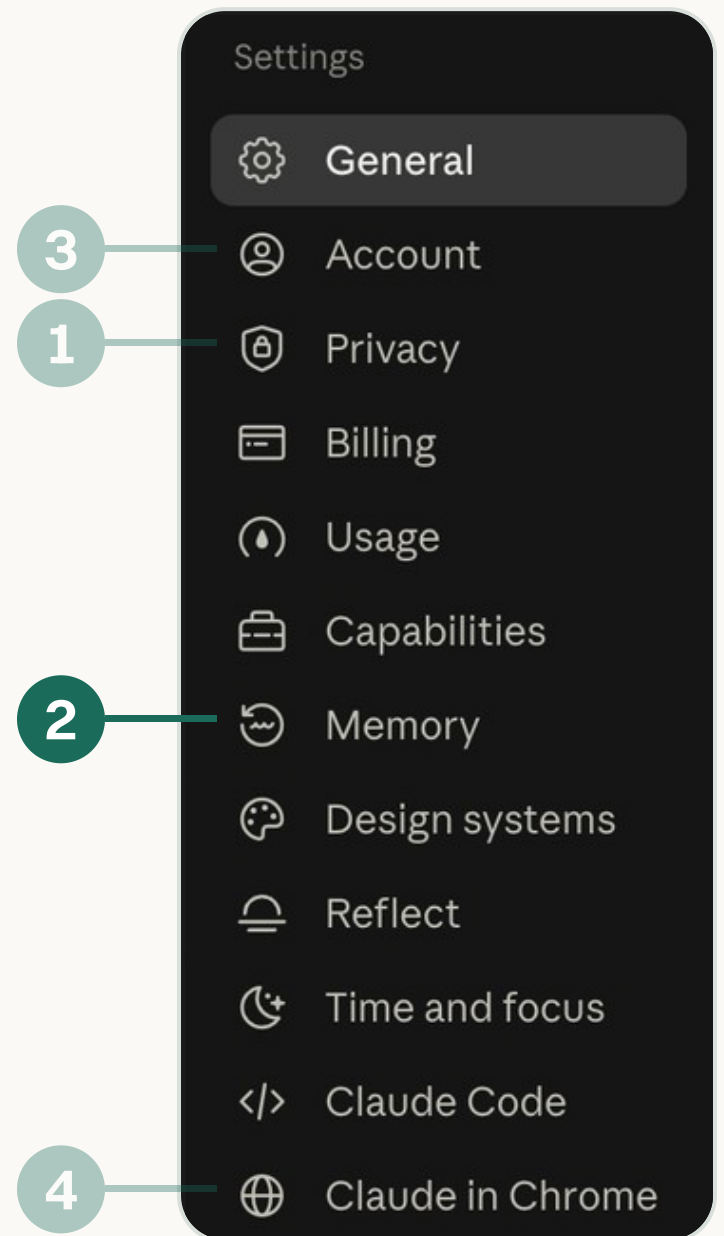


claude.ai
browser



4 things to set first.

- 1 **Privacy**
Model training
- 2 **Memory**
What it remembers
- 3 **Account**
Instructions for Claude
- 4 **Claude in Chrome**
Your browser



In this order: **Privacy** before you type anything, and **Memory** before the about-you prompt in part 3, so Claude learns from that chat too.

New to Claude? Get Part 1: Privacy at wclaude.io/setup.

Turn on Memory.

Settings >  Memory

Generate memory from chats

Allow Claude to generate memory from your chats.



Search and reference chats PAID

Allow Claude to search for relevant details in past chats.



 *I want Claude to know everything, so I can ask things like “Last time we talked about pricing, what did we end up deciding?” without digging through all my chats.*

What it remembers.

Include sensitive topics in memory

Allow Claude to save details about sensitive topics like health conditions or religious beliefs to memory.



 *Your call. Claude is like a partner to me. It knows pretty much everything about me: my autism and ADHD diagnosis, my family situation, my clients. It takes all of that into account when we talk. That's also why model training is off for me (see Part 1: Privacy at wclaude.io/setup). If that's a bit much for you, leave it off.*

Import memories.

Settings >  Memory > Import memory from other AI providers > Start import

Import memory to Claude ×

- 1 Copy this prompt into a chat with your other AI provider

Export all of my stored memories and any context you've learned about me from past conversations. Preserve my words verbatim where possible, especially for instructions and preferences.

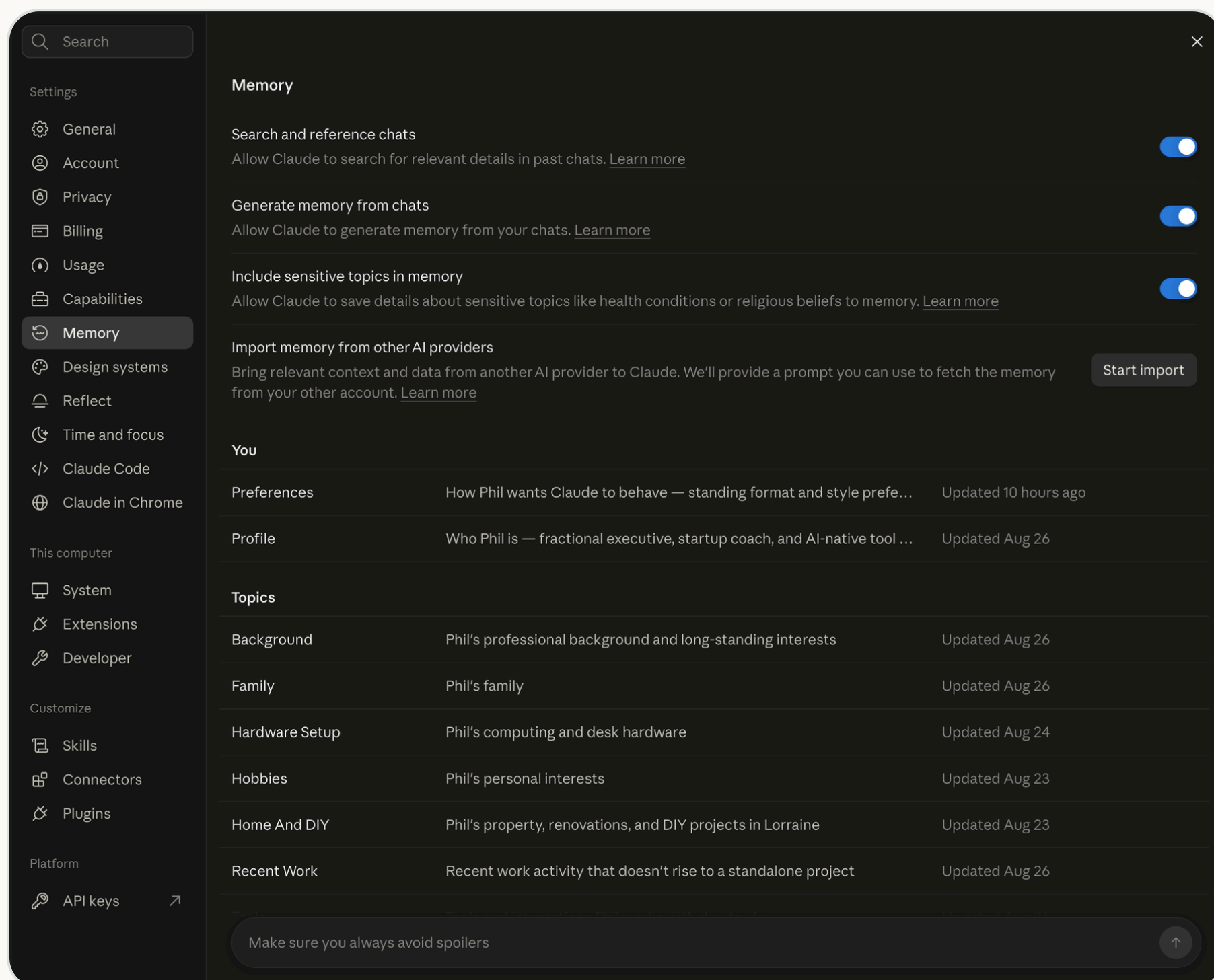
Copy
- 2 Paste results below to add to Claude's memory

Paste your memory details here

 *If you're coming from another AI tool, I'd suggest using the import tool in Claude and editing whatever comes back before giving it to Claude.*

MUST-HAVE 2 · MEMORY

Edit your memories.



Give Claude custom memories here ↑

You can also click on any memory row to edit or delete a specific memory.



Memory: done.



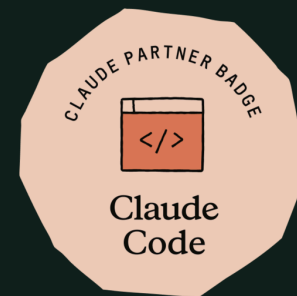
Keep poking around and play with your own settings. I check mine every few weeks: some appear, some disappear.



Next: About you

PART 3 OF 4

Learn Claude with me.



I'm **Phil Rivard**, a member of Anthropic's Claude Partner Network (CPN). I teach this and a lot more at **withclaudio.io**, a 3-week Claude course for founders and business people.



Follow me so you don't miss the next quick guide.



Download all 4 parts of my quick setup guide at **wclaude.io/setup**.

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